

## Vegetable Pancakes



2 med zucchini, coarsely grated (2 cups)  
1 med carrot, peeled & grated  
1 med potato, peeled & grated  
1/3 c frozen peas  
1/3 c frozen corn  
2 eggs  
1/4 c gluten free flour  
1/4 c grated parmesan cheese  
1/4 tsp salt, pepper, garlic (each)

In colander, drain zucchini, squeezing to remove excess liquid. Combine zucc, carrot, potatoes, peas, & corn in bowl. Stir in eggs, flour, cheese, and seasonings. Mix well. Drop batter by 1/4 cup-fulls onto greased George Foreman at medium heat, press lightly to flatten, fry until golden brown, about 5-8 min. Serve warm.